Human Dose Projections in Drug Discovery



Nick Intermaggio Literature Group Meeting 11/15/2022

Evolution of Clinical Trial Attrition



Waterbeemd, Van. D. et. al. Nat. Rev. Drug. Disc.. 2003, 2, 192.

Attrition from 2006 – 2010: An Efficacy Crisis



Failure to demonstrate efficacy is now the dominant driver of attrition

Bayliss et. al. Drug. Disc. Today 2016, 0, 1.

Lessons Learned From AstraZeneca's Pipeline







40% "good failures"

clearly demonstrate pharmacological engagement

therapeutic hypothesis has been tested with confidence

Therapeutic hypothesis:

Modulation of a particular biological pathway

by a novel therapeutic agent will result

in improvement of a given disease state

Lessons Learned From AstraZeneca's Pipeline



40% "good failures"

clearly demonstrate pharmacological engagement

therapeutic hypothesis has been tested with confidence

29% "bad failures"

compound properties limited dose and exposure

failed to validate or invalidate therapeutic hypothesis

Lessons Learned From AstraZeneca's Pipeline

How can we eliminate "Bad Efficacy Failures"

Guidelines for Drug Candidate Profiles



Optimize structure toward a molecule capable of achieving **sustained target engagement** at the

site of action for the required duration of time at a clinically acceptable and safe oral dose

What Makes a "Good Dose"?





"focusing on low dose requirements is perhaps the most generally effective means of ensuring safety" What Makes a "Good Dose"?



Most important for

developing new anti-infectives

for the developing world





chloroquine

anti-malarial

amoxicillin

antibiotic

What Makes a "Good Dose"?





small dose, once a day is easy to remember and easy to stick to



Getting it Right



Test the therapeutic hypothesis

Good Failure

Walk away with no regrets

Learn something fundamentally New about the disease pathology Bad Failure

Waste of time, money and resources

Put patients at risk without furthering Our understanding of the disease

Bayliss et. al. Drug. Disc. Today 2016, 0, 1.

How much drug do you actually need?



How much drug do you actually need?



Free Drug Hypothesis



Defining an Efficacious Concentration







Relate efficacy in animal model back to in vitro animal potency





























C_{avg} driven efficacy:

driven by total drug exposure (AUC). Dropping below MEC is tolerated

Medium required dose

Must be confident in assignment to have confidence in testing hypothesis













Cavg











$$C_{eff,u,h} = IC_{50,human} * \left(\frac{C_{eff,u,animal}}{IC_{50,animal}}\right) * \left(\frac{1}{f_{u,human}}\right)$$

How much drug do you actually need?



How much drug do you actually need?



Projecting Human Clearance: 3 Methods



Smith et. al. J. Med. Chem. 2019, 62, 2245.; Sodhi, J. K. et. al. J. Med. Chem. 2021, 64, 3546

Scaling Intrinsic Clearance through IVIVC



Generally most preferred method

Fast turnaround time

Direct calculation from in vitro data

Generally only applicable to CYP450 clearance



Scaling Intrinsic Clearance through IVIVC



$$Cl_{int,u,in vitro} = \frac{\ln(2)}{t_{\frac{1}{2}}} * \frac{V_{inc}}{cell \ number \ or \ [protein]} * \frac{1}{f_{u,inc}}$$

Intrinsic ability of hepatocyte or microsome to remove the drug In the absence of organ blood flow or protein binding

$$Cl_{int,u,in vivo} = Cl_{int,u,in vitro} * \frac{\# enzymes or cells in whole liver}{\# enzymes or cells in incubation} Predicted unbound clearance In vivo$$

Smith et. al. J. Med. Chem. 2019, 62, 2245.; Sodhi, J. K. et. al. J. Med. Chem. 2021, 64, 3546

Applying the Well Stirred Model



Assumptions:

Free passive diffusion Drug is evenly distributed throughout liver Enzymes are evenly distributed throughout liver

$$CI_{Hepatic,total} = \frac{Q_H * f_{u,blood} * Cl_{int,u,in vivo}}{Cl_{int,u,in vivo} * (Q_H + f_{u,blood})}$$
Total in vivo hepatic clearance predicted from in vitro data

Checking for positive in vitro in vivo correlation (IVIVC)

Perform predictions for at least 2 preclinical species and compare calculated total clearance to real in vivo data







Rat



If in vitro data for preclinical species
predicts in vivo clearance within 2x
human in vitro data can be scaled to
Predict human clearance

Tess, D. A. et. al. Pharmaceutical Research 2022, 39, 1615.

Checking for positive in vitro in vivo correlation (IVIVC)



Tess, D. A. et. al. *Pharmaceutical Research* **2022**, 39, 1615.
Clearance in the Kidney



Interspecies Allometry



Smith et. al. J. Med. Chem. 2019, 62, 2245.; Hosea, N. L. et. al. J. Clin. Pharmacol. 2009, 49, 513; Mordenti, J. J. Pharma. Sci. 1896, 75, 1028

Allometric Scaling of Clearance





Allometric Scaling for Human PK

log(Cl) = ab * log (body weight)

correction factors "a" and "b" are adjusted to correct for error

Allometric Scaling of Clearance





Allometric Scaling for Human PK

Oldest method for prediction of human PK

Preferred for compounds with renal or biliary clearance

Labor intensive and expensive

Projecting Human Clearance: 3 Methods



Smith et. al. J. Med. Chem. 2019, 62, 2245.; Hosea, N. L. et. al. J. Clin. Pharmacol. 2009, 49, 513

Single Species Scaling



$$Cl_{human} = Cl_{animal} * \left(\frac{BW_{human}}{BW_{animal}}\right)^{0.75}$$

Single Species Scaling for Human PK

Assumes exponential factor of 0.67 - 0.75

Low cost but imposes more uncertainty

controversial yet widely employed

Projecting Human Clearance: 3 Methods





Devery III, J. J.; Douglas, J. J.; Nguyen, J. D.; Cole, K. P.; Flowers II, R. A.; Stephenson, C. R. J. Chem. Sci. 2015, 6, 537.



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Predicting Oral Bioavailability from Preclinical Species



Determined allometrically

Often Single Species Scaling

calculation dependent on clearance mechanism

Hepatic clearance and high E_h

Renal/biliary/other clearance mechanism

$$F\% = f_a * f_g * \left(1 - \frac{Cl_h}{Q_h}\right)$$

Assumptions:

 $(f_a * f_g) = is \ consistent \ across \ species$

Clearance prediction is accurate

$$F\% = f_a * f_g$$

Assumptions:

 $(f_a * f_g) = is \ consistent \ across \ species$

Hepatic extraction is negligible

Devery III, J. J.; Douglas, J. J.; Nguyen, J. D.; Cole, K. P.; Flowers II, R. A.; Stephenson, C. R. J. Chem. Sci. 2015, 6, 537.

Oral Bioavailability



Smith et. al. J. Med. Chem. 2019, 62, 2245.; Hosea, N. L. et. al. J. Clin. Pharmacol. 2009, 49, 513

Oral Bioavailability









Maurer et. al. J. Med. Chem. 2020, 63, 6423.





Maurer et. al. J. Med. Chem. 2020, 63, 6423.; Smith, D. A. J. Med. Chem. 2018, 61, 4273

Volume of Distribution



Volume of distribution

drug distribution between blood and tissues Large V_{ss} = highly distributed in tissues Low V_{ss} = centrally located in the blood Must also consider unbound fraction in tissues ($f_{u,t}$)



Blood stream

Tissues



chloroquine

Volume of Distribution



Volume of distribution

drug distribution between blood and tissues Large V_{ss} = highly distributed in tissues Low V_{ss} = centrally located in the blood Must also consider unbound fraction in tissues ($f_{u,t}$)



Blood stream

Tissues

Acidic compounds

Low volume of distribution:

Bind strongly to albumin in plasma

Low fraction unbound in plasma



*V*_{ss} = ~2 *L*/kg

indometacin

Volume of Distribution



Volume of distribution

drug distribution between blood and tissues Large V_{ss} = highly distributed in tissues Low V_{ss} = centrally located in the blood Must also consider unbound fraction in tissues ($f_{u,t}$)



Blood stream

Tissues



Maurer et. al. J. Med. Chem. 2020, 63, 6423.; Smith, D. A. J. Med. Chem. 2018, 61, 4273; Smith, D. A. J. Med. Chem. 2015, 58, 5691

Clearance, volume of distribution and half life





Low volume of distribution

Very high C_{max} / Very low C_{min}

All drug is localized in plasma

Half life controlled by clearance







Drug dose



Low volume of distribution

Very high C_{max} / Very low C_{min}

All drug is localized in plasma

Half life controlled by clearance

Time (days)



Time (days)

Medium volume of distribution

Moderate C_{max} / moderate C_{min}

drug is partially distributed

Half life controlled by clearance and V_{ss}





High volume of distribution

Low C_{max} / High C_{min}

drug is highly distributed

Half life controlled by clearance and V_{ss}





High volume of distribution

Low C_{max} / High C_{min}

drug is highly distributed

Half life controlled by clearance and V_{ss}

Time (days)

Small Dose Required to achieve high C_{min}



Time (days)

Dose for
$$C_{min} = \frac{C_{min}V_{ss}(k_a - k_{el})}{F * k_a} \left(\frac{1}{1 - e^{-k_{el}\tau}} - \frac{1}{1 - e^{-k_a\tau}}\right)^{-1}$$







Therapeutic Hypothesis

Associated with chronic inflammation

Treatments: Lifestyle changes and blood thinners



Reduction of inflammatory leukotrienes

Via FLAP inhibition will reduce disease severity



Plasma concentration (µmol/L)

Petteson, D. et. al. J. Med. Chem. 2019, 62, 4312.; Ericsson, H. Clin. Transl. Sci. 2018, 11, 330



$$\frac{C_{ss,min}[\mu mol/L] \cdot V_{ss,hum,pred}[L/kg] \cdot (1 - e^{-k_e \cdot \tau[h]}) \cdot (k_a - k_e) \cdot MW[g/mol] \cdot BW_{hum}[kg]}{k_a \cdot (e^{-k_e \cdot \tau[h]} - e^{-k_a \cdot \tau[h]}) \cdot F \cdot 1000}$$

Petteson, D. et. al. J. Med. Chem. 2019, 62, 4312.; Ericsson, H. Clin. Transl. Sci. 2018, 11, 330





Phase II Clinical Trial:

Dose dependent inhibition

Of leukotrienes

No improvement in coronary

microvascular function observed

AZD5718



AZD5718

Questions?

